

<b>2009 RACE SCHEDULE</b>				
Adventure Race/Rogaine				
Triathlon/Duathlon				
Run				
Road Bike race/ride				
Mountain Bike / Cyclocross Race				
Other events of interest				
* are TBRA events				
Date	Event	Type of Event	Location	website/contact
1/3/2009	*CCC Cyclocross Series #1	Cyclocross	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
1/4/2009	*CCC Cyclocross Series #2	Cyclocross	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
1/10/2009	*Knoxiocross Series #1	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
1/11/2009	*Knoxiocross Series #2	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
1/17/2009	Odyssey One Day Extreme 6 or 30-hr AR	Adventure Race	Hiwassee, VA	<a href="http://www.oarevents.com/">http://www.oarevents.com/</a>
1/17/2009	*CCC Cyclocross Series #3	Cyclocross	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
1/18/2009	*CCC Cyclocross Series #4	Cyclocross	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
1/24/2009	Cross-A-Nooga	Cyclocross	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
1/24/2009	Sandman Sprint AR	Adventure Race	Red Top Mountain, GA	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
1/24/2009	Zoo Run Run 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
1/25/2009	Cross-A-Nooga	Cyclocross	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
1/31/2009	Mandatory Gear 6-hr AR	Adventure Race	Conway, SC	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
1/31/2009	War Party 10k	Run	Kingsport, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
2/6/2009	The Most Horrible Thing Ever - 36-hr AR	Adventure Race	Pisgah Forest, NC	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
2/7/2009	Cabin Fever 6-hr Rogaine	Rogaine	Tar Hollow SP, OH	<a href="http://www.nsfadventures.com/2009.html">http://www.nsfadventures.com/2009.html</a>
2/7/2009	Bonk Hard Chill 8/18-hr AR	Adventure Race	Osage Beach, MO	<a href="http://www.bonkhardchill.com">http://www.bonkhardchill.com</a>
2/7/2009	*Knoxiocross Series #3	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
2/7/2009	Winter Challenge Off-Road Tri	Off-Road Triathlon	Springfield, SC	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
2/7/2009	Bubba Goat Orienteering Meet	Adventure Race	Chesterfield, VA	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
2/7/2009	Trail of Tears 7miles	Run	Cleveland, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
2/8/2009	*Knoxiocross Series #4	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
2/8/2009	Red Top Rumble 11.5mile Trail Run	Run	Cartersville, GA	<a href="http://www.trailblazerar.com/">http://www.trailblazerar.com/</a>
2/8/2009	2009 Xterra Georgia Trail Run Series - 1/2 Marathon	Run	Winder, GA	<a href="http://www.xterraplanet.com/races/race_schedule.cfm">http://www.xterraplanet.com/races/race_schedule.cfm</a>
2/14/2009	Predator's Fangtastic 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
2/14/2009	Cedars Frostbite 1/2 Marathon	Run	Lebanon, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
2/18/2009	Race Judicata 5/10k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
2/21/2009	*Knoxiocross Series #5	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
2/21/2009	*Knoxiocross Series #6	Cyclocross	Knoxville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
2/28/2009	Biking Bleckley Metric Century (15/30/50/62.5 miles)	Road Ride	Cochran, GA	<a href="http://cbchamber.angelfire.com/biking.html">http://cbchamber.angelfire.com/biking.html</a>
3/7/2009	2009 Xterra Georgia Trail Run Series - 10k Run	Run	Conyers, GA	<a href="http://www.xterraplanet.com/races/race_schedule.cfm">http://www.xterraplanet.com/races/race_schedule.cfm</a>
3/7/2009	*Spring Forward Time Trial	Road Race/TT/Crit	Rutledge, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
3/7/2009	YMCA Tennessee Indoor Tri	Triathlon/Duathlon	Nashville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
3/7/2009	Mill Mountain Challenge 4 or 8-hr AR Ogaine	Rogaine	Roanoke, VA	<a href="http://www.oarevents.com/">http://www.oarevents.com/</a>
3/7/2009	March Madness Sprint AR	Adventure Race	Pontiac, MI	<a href="http://www.infiterrasports.com/ar.htm">http://www.infiterrasports.com/ar.htm</a>
3/7/2009	Fall Creek Thaw 15k	Run	Pikeville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
3/8/2009	*Spring Forward Crit	Road Race/TT/Crit	Rutledge, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
3/8/2009	SERC #1 MTB	Mountain Bike	Gainesville, FL	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
3/8/2009	Checkpoint Zero 30-hr AR	Adventure Race	Dahlonega, GA	<a href="http://www.checkpointzero.com">http://www.checkpointzero.com</a>
3/10/2009	Wheels of Fire Century Tour (follow course of Tour de Georgia)	Road Ride	West GA	<a href="http://www.mborobike.com/ridecalendar/eventsAll.php">http://www.mborobike.com/ridecalendar/eventsAll.php</a>
3/14/2009	Lepregaine 6-hr Rogaine	Rogaine	Salt Fork SP, OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
3/14/2009	Navigation Training - Nashville Trailblazers	Adventure Race	Dickson, TN	<a href="http://trailblazerar.com/forum/viewtopic.php?t=6171">http://trailblazerar.com/forum/viewtopic.php?t=6171</a>
3/14/2009	Challenge Four YMCA 6-hr AR	Adventure Race	Woodstock, GA	<a href="http://www.ymcaatlanta.org/Branches/COY-Cherokee_Outdoor_YMCA/Programs/default.asp?id=210">http://www.ymcaatlanta.org/Branches/COY-Cherokee_Outdoor_YMCA/Programs/default.asp?id=210</a>
3/14/2009	Blankets Creek Dirty Duathlon	Off-Road Triathlon	Bryson City, NC	<a href="http://www.sorbawoodstock.org/race-information">http://www.sorbawoodstock.org/race-information</a>
3/14/2009	Dirty Spokes 6 / 12 Hr Race Series #1	Mountain Bike	Oconee, GA	<a href="http://www.dirtyspokes.com">http://www.dirtyspokes.com</a>
3/14/2009	Tom King 1/2 Marathon	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
3/21/2009	*Cumberland U Training RR	Road Race/TT/Crit	Watertown, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>

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3/21/2009	Palmetto Swamp Fox 12-hr AR	Adventure Race	McClellanville, SC	<a href="http://www.kandoadventures.com">http://www.kandoadventures.com</a>
3/21/2009	Natchez Trace 4-6 or 7-12 hr AR	Adventure Race	Wildersville, TN	<a href="http://www.s2fevents.com">www.s2fevents.com</a>
3/21/2009	Flint River 5-mile Trail Run	Run	Wesser, NC	<a href="http://www.vo2sportsnc.com/flint_ridge_5-miler.html">http://www.vo2sportsnc.com/flint_ridge_5-miler.html</a>
3/22/2009	*Cumberland U Training RR	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
3/22/2009	GSC #1 Georgia State Championships MTB	Mountain Bike	Macon, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
3/22/2009	Natchez Trace Triathlon/Duathlon	Triathlon/Duathlon	Wildersville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
3/28/2009	*SCV Spring Weekend - RR#1 / TT	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
3/28/2009	Chickasaw 15k Trail Run	Run	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
3/28/2009	Gatlinburg Gateway Triathlon	Triathlon/Duathlon	Gatlinburg, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
3/28/2009	Running to Beat the Blues 5k/1mile	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
3/28/2009	Running of the Fools 5k	Run	Hendersonville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
3/28/2009	Assault on the Carolinas centry and metric	Road Ride	Brevard, NC	<a href="http://www.assaultontheCarolinas.com">http://www.assaultontheCarolinas.com</a>
3/28/2009	Outdoor Gear Expo	Other	Chattanooga, TN	<a href="http://www.outdoorchattanooga.com/1534.htm">http://www.outdoorchattanooga.com/1534.htm</a>
3/29/2009	*SCV Spring Weekend - RR#2	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
3/29/2009	*SERC #2 Chickasaw Trace Classic MTB	Mountain Bike	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
3/29/2009	Wolfman Off-Road Duathlon	Off-Road Triathlon	Memphis, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
3/30/2009	Banff Mountain Film Festival World Tour (Nashville)	Other	Nashville, TN	<a href="http://www.banffcentre.ca/mountainculture/tour/">http://www.banffcentre.ca/mountainculture/tour/</a>
4/4/2009	Rock Creek 10.2 and 6 mile trail Run	Run	Chattanooga, TN	<a href="http://www.rockcreek.com/rivergorge/default.asp">http://www.rockcreek.com/rivergorge/default.asp</a>
4/4/2009	LBL Challenge 12 or 24-hr AR	Adventure Race	Grand Rivers, KY	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
4/4/2009	Blue Ridge Mountain 6-hr AR	Adventure Race	Blue Ridge, GA	<a href="http://www.blueridgemountains.com">http://www.blueridgemountains.com</a>
4/4/2009	Mule Day 5k	Run	Columbia, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
4/4/2009	Richland Creek III 5 mile	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
4/4/2009	6-Hours of Warrior Creek	Mountain Bike	Wilkesboro, NC	<a href="http://www.bmcc.us/6wc.htm">http://www.bmcc.us/6wc.htm</a>
4/5/2009	SERC #3 Southern Classic Series - Knobscorcher	Mountain Bike	Bryson City, NC	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
4/5/2009	Hammer Duathlon	Triathlon/Duathlon	Lenoir City, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
4/11/2009	Mid TN off-road Duathlon	Off-Road Triathlon	Tullahoma, TN	<a href="http://trailblazerar.com/forum/viewtopic.php?t=6171">http://trailblazerar.com/forum/viewtopic.php?t=6171</a>
4/11/2009	Purity Moosic City Dash 5/10k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
4/12/2009	Corporate Challenge Team Bike Race	Road Race/TT/Crit	Nashville, TN	<a href="http://www.harpebikelclub.com/index.php/s80">http://www.harpebikelclub.com/index.php/s80</a>
4/16/2009	Endorphin Fix 3-day AR	Adventure Race	Pipestem, WV	<a href="http://www.Oarevents.com">http://www.Oarevents.com</a>
4/18/2009	Pedal the Parks and Parkways (25 and 50 mile tours)	Road Ride	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/biketour.html">http://www.friendsofwarnerparks.com/biketour.html</a>
4/18/2009	Spring Fury Sprint AR	Adventure Race	Avoca, MI	<a href="http://www.infiterrsports.com/ar.htm">http://www.infiterrsports.com/ar.htm</a>
4/18/2009	Amphibious Warrior 7-hr AR	Adventure Race	Alexander City, AL	<a href="http://www.awar.com">http://www.awar.com</a>
4/18/2009	Planet Adventure Sprint AR	Adventure Race	Brownstown, IN	<a href="http://www.planetadventurerace.com/">http://www.planetadventurerace.com/</a>
4/18/2009	Atlantic Coast Conquest 30-hr AR	Adventure Race	Jacksonville, FL	<a href="http://www.teamfx.com">http://www.teamfx.com</a>
4/18/2009	Granite Grinder 1/2 Marathon & 5K Trail Run	Run	Conyers, GA	<a href="http://www.goodrunproductions.com/graniteGrinder">http://www.goodrunproductions.com/graniteGrinder</a>
4/18/2009	Xterra Memphis Off-Road Triathlon	Off-Road Triathlon	Memphis, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
4/18/2009	Two County Metric ride	Road Ride	Murfreesboro, TN	<a href="http://www.mborobike.com/">http://www.mborobike.com/</a>
4/19/2009	GSC #2 MTB	Mountain Bike	Columbus, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
4/19/2009	Tridelathon Sprint Triathlon	Triathlon/Duathlon	Knoxville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
4/19/2009	Queen City 5k	Run	Clarksville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
4/23/2009	Merlefest (bluegrass festival)	Other	Wilkesboro, NC	<a href="http://www.merlefest.org">www.merlefest.org</a>
4/25/2009	2009 Xterra Georgia Trail Run Series - 10k Run	Run	Gainesville, GA	<a href="http://www.xterraplanet.com/races/race_schedule.cfm">http://www.xterraplanet.com/races/race_schedule.cfm</a>
4/25/2009	Xterra Off-Road Tri	Off-Road Triathlon	Winder, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
4/25/2009	Blackwater Escape and Evasion 12-hr AR	Adventure Race	Moyock, NC	<a href="http://bwextremerracing.com/">http://bwextremerracing.com/</a>
4/25/2009	Country Music marathon and 1/2 marathon	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
4/25/2009	Cohutta 100-mile MTB	Mountain Bike	Cleveland, TN	<a href="http://www.newleafadventures.com/cohuttahome.html">http://www.newleafadventures.com/cohuttahome.html</a>
4/26/2009	SERC #4 / GSC #3 MTB	Mountain Bike	Winder, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
4/26/2009	Scenic City Triathlon	Triathlon/Duathlon	Hixon, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
4/26/2009	Nashville Scavenger Hunt	Road Ride	Nashville, TN	<a href="http://nashvillescavengerhunt2009.blogspot.com/">http://nashvillescavengerhunt2009.blogspot.com/</a>
5/2/2009	*Sumner County Classic RR	Road Race/TT/Crit	White House, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
5/2/2009	Western Carolina 12-hr AR	Adventure Race	Modock, SC	<a href="http://kandoadventures.com">http://kandoadventures.com</a>
5/2/2009	The Bryan Jump Off 4-hr AR	Adventure Race	John Bryan SP, OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
5/2/2009	Dirty Spokes 6 / 12 Hr Race Series #2	Mountain Bike	Winder, GA	<a href="http://www.dirtyspokes.com">http://www.dirtyspokes.com</a>
5/2/2009	Wild Thang Trail Run	Run	Hermitage, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
5/2/2009	I Run for the Party 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
5/2/2009	3-State 3-Mountain Challenge Century and Metric	Road Ride	Chattanooga, TN	<a href="http://www.chattbike.com/events/events.htm">http://www.chattbike.com/events/events.htm</a>
5/3/2009	New Belgium Urban Assault Ride - Bike Scavenger Hunt	Adventure Race	Nashville, TN	<a href="http://www.urbanassaultride.com/">http://www.urbanassaultride.com/</a>

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5/3/2009	*SERC #5 - Tanasi MTB	Mountain Bike	Ducktown, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/3/2009	Lost Loon Tri	Triathlon/Duathlon	Hermitage, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
5/9/2009	*Race for the Y Omnium RR / TT	Road Race/TT/Crit	Dayton, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/9/2009	*Dirt, Sweat, and Gears 12 Hour MTB	Mountain Bike	Fayetteville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/9/2009	IsoSeries 12-hr AR	Adventure Race	Danbury, NC	<a href="http://www.wfu.edu/~fallt4/">http://www.wfu.edu/~fallt4/</a>
5/10/2009	*Race for the Y Omnium Crit	Road Race/TT/Crit	Dayton, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/12/2009	Michigan Expedition AR	Adventure Race	Traverse City, MI	<a href="http://www.infiterrisports.com/ar.htm">http://www.infiterrisports.com/ar.htm</a>
5/14/2009	Florida Coast to Coast 3-day AR	Adventure Race	?, FL	<a href="http://floridac2c.com/">http://floridac2c.com/</a>
5/15/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
5/16/2009	Tour de Nash (walk and bike tours)	Road Ride	Nashville, TN	<a href="http://tourdenash.racesonline.com/">http://tourdenash.racesonline.com/</a>
5/16/2009	*Highland Rim Cycling Classic - RR / TT	Road Race/TT/Crit	McMinnVile, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/16/2009	Atomic24-hr AR	Adventure Race	Amicalola Falls State Park	<a href="http://www.atomicar.com">http://www.atomicar.com</a>
5/16/2009	Mission 4 or 18-hr AR	Adventure Race	Carrollton, KY	<a href="http://www.DINOseries.com/mission">www.DINOseries.com/mission</a>
5/16/2009	Memphis in May Off-Road Triathlon	Off-Road Triathlon	Millington, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
5/17/2009	*Highland Rim Cycling Classic - Crit	Road Race/TT/Crit	McMinnVile, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/17/2009	Atlanta Tour de Cure	Road Ride	Tyrone, GA	<a href="http://tour.diabetes.org/site/PageServer?pagename=TC_homepage">http://tour.diabetes.org/site/PageServer?pagename=TC_homepage</a>
5/17/2009	*Montgomery Bell State Park XC	Mountain Bike	Dickson, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/17/2009	Memphis in May Triathlon	Triathlon/Duathlon	Millington, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
5/23/2009	*Edgar Soto Memorial (Juniors (Only) Crit #1	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/23/2009	12 Hours of Tsali MTB	Mountain Bike	Bryson City, NC	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
5/23/2009	Wild Wonderful 24-hr AR	Adventure Race	Clifftop, WV	<a href="http://www.Oarevents.com">http://www.Oarevents.com</a>
5/23/2009	Canoe Orienteering 3-hrs	Adventure Race	Charlotte, NC	<a href="http://www.carolina-ok.org">http://www.carolina-ok.org</a>
5/24/2009	Clarksville Rotary Annual Metric Century (CRAM)	Road Ride	Clarksville, TN	<a href="http://www.bikethecram.com/">http://www.bikethecram.com/</a>
5/24/2009	*Edgar Soto Memorial (Juniors (Only) Crit #2	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/25/2009	*Edgar Soto Memorial (Juniors (Only) Crit #3	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/25/2009	GJCC Memorial Day Triathlon	Triathlon/Duathlon	Nashville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
5/25/2009	Foothills Sprint Tri	Triathlon/Duathlon	Maryville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
5/25/2009	Memorial Day Dash 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
5/30/2009	*Riverbend Crits & Sprints	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/30/2009	Dirty Spokes Off-Road Duathlon	Off-Road Triathlon	Winder, GA	<a href="http://www.dirtyspokes.com">http://www.dirtyspokes.com</a>
5/31/2009	*Riverbend Crits & Sprints	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
5/31/2009	Nashville Muddy Buddy	Adventure Race	Nashville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
6/5/2009	Impossible Panther 12 or 24-hr AR	Adventure Race	Troy, NC	<a href="http://IPAR09.wordpress.com/">http://IPAR09.wordpress.com/</a>
6/5/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
6/6/2009	Planet Adventure 24-hr Challenge	Adventure Race	Bedford, IN	<a href="http://www.planetadventureace.com/">http://www.planetadventureace.com/</a>
6/6/2009	The Berryman 6 or 12-hr Off-Road Duathlon	Off-Road Triathlon	Potosi, MO	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
6/6/2009	*Tri Cities Road Club Omnium Roan Groan- RR / TT	Road Race/TT/Crit	Johnson City, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/6/2009	SERC #6 MTB TT / XC	Mountain Bike	Clemson, SC	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
6/6/2009	Mach 10 Triathlon	Triathlon/Duathlon	Tulahoma, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
6/6/2009	Downhill @ Dawn 1/2 marathon	Run	Asheville, NC	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
6/6/2009	Disc Burner 12-hr MTB race	Mountain Bike	Morristown, TN	<a href="http://www.riversportsouffitters.com/adventures/">http://www.riversportsouffitters.com/adventures/</a>
6/7/2009	Attack at Alum Creek	Adventure Race	Delaware County, OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
6/7/2009	*Tri Cities Road Club Omnium Roan Groan- Crit	Road Race/TT/Crit	Johnson City, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/7/2009	Xterra Georgia Deep South 15k Trail Run	Run	Jackson, GA	<a href="http://www.dirtyspokes.com">http://www.dirtyspokes.com</a>
6/7/2009	Fletcher Flyer Road Ride	Road Ride	Blue Ridge, NC	<a href="http://www.blueridgebicycleclub.org/ff/">http://www.blueridgebicycleclub.org/ff/</a>
6/12/2009	Equinox Traverse 48-hr AR	Adventure Race	Covington, VA	<a href="http://www.americanadventuresports.com">www.americanadventuresports.com</a>
6/13/2009	*Tomato Head Criterium Series #1 / #2	Road Race/TT/Crit	Knoxville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/13/2009	GSC #4 MTB TT / XC	Mountain Bike	Farmington, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
6/13/2009	SOAR 12-hr AR	Adventure Race	Highlands, NC	<a href="http://soarhighlands.org">http://soarhighlands.org</a>
6/13/2009	Ellie's Run for Africa	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
6/14/2009	*Tomato Head Criterium Series #3	Road Race/TT/Crit	Knoxville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/20/2009	Race of Hope 8-hr AR	Adventure Race	Zaleski, OH	<a href="http://www.nsfadventures.com/2009.html">http://www.nsfadventures.com/2009.html</a>
6/20/2009	*Avery Trace Cycling Classic - RR / TT	Road Race/TT/Crit	Gainesboro, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/20/2009	Cherohala Challenge Century and metric	Road Ride	Tellico Plains, TN	<a href="http://www.smbike.org/cherohala/ccMain.htm">http://www.smbike.org/cherohala/ccMain.htm</a>
6/20/2009	Siege on Fort Yargo Sprint AR	Adventure Race	Winder, GA	<a href="http://siegeyargo.trailblazer.com/">http://siegeyargo.trailblazer.com/</a>
6/20/2009	RC Cola and Moon Pie 10 miler	Run	Bell Buckle, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
6/21/2009	Du Run Run Duathlon	Triathlon/Duathlon	Nashville, TN	<a href="http://www.musiccitydurunrun.com/">http://www.musiccitydurunrun.com/</a>

Date	Event	Type of Event	Location	website/contact
6/21/2009	The Dirty Duo Running and Biking Event	Off-Road Triathlon	Shawnee, KS	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
6/21/2009	*Cookeville Crit	Road Race/TT/Crit	Cookeville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/21/2009	*Rumble at the Rock - Hamilton Creek MTB	Mountain Bike	Nashville, TN	<a href="http://sorbamidn.org/">http://sorbamidn.org/</a>
6/21/2009	SERC #7 / GSC #5 MTB TT / XC	Mountain Bike	Jackson, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
6/21/2009	Odyssey Adventure Racing Academy	Adventure Race	New River Gorge, WV	<a href="http://www.Oarevents.com">http://www.Oarevents.com</a>
6/21/2009	Tellico Sprint Triathlon	Triathlon/Duathlon	Vonore, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
6/27/2009	Blood, Sweat, and Gears	Road Ride	Boone, NC	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/27/2009	*Smith & Nephew / Marx & BendorfGP Omnium RR / TT	Road Race/TT/Crit	Memphis, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/27/2009	Sharks & Seals Kids Tri	Triathlon/Duathlon	Knoxville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
6/27/2009	Old Hickory Lake Tri	Triathlon/Duathlon	Old Hickory, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
6/27/2009	Harpeth River Ride Bike Tour	Road Ride	Thompson Station, TN	<a href="http://www.harpethbikeclub.com/index.php/riverride">http://www.harpethbikeclub.com/index.php/riverride</a>
6/28/2009	*Smith & Nephew / Marx & BendorfGP Omnium Crit	Road Race/TT/Crit	Memphis, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/28/2009	*SERC Raccoon Mountain MTB	Mountain Bike	Chattanooga, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
6/28/2009	SERC #8 Raccoon Mtn MTB	Mountain Bike	Chattanooga, TN	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
7/4/2009	Rockytop Metric Centry	Road Ride	Knoxville, TN	<a href="http://racedavevents.rd20.com/?">http://racedavevents.rd20.com/?</a>
7/4/2009	Firecracker 5k Run	Run	Brentwood, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
7/5/2009	GSC #5 MTB	Mountain Bike	Eaton, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
7/10/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
7/11/2009	Double Down at Dillon	Adventure Race	Dillon SP, OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
7/11/2009	Westside YMCA Tri	Triathlon/Duathlon	Knoxville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
7/12/2009	*Blue Ridge Properties Kingsport Crit	Road Race/TT/Crit	Kingsport, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
7/12/2009	SERC #9 MTB	Mountain Bike	Anniston, AL	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
7/12/2009	Chattanooga Waterfront Tri	Triathlon/Duathlon	Chattanooga, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
7/19/2009	Dusk to Dawn 8 or 12-hr AR	Adventure Race	Lawrence, KS	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
7/19/2009	*Lock 4 Challenge I MTB	Mountain Bike	Gallatin, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
7/19/2009	GSC #7 MTB	Mountain Bike	Chatsworth, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
7/25/2009	Odyssey One-Day AR	Adventure Race	Roanoke, VA	<a href="http://www.oarevents.com">www.oarevents.com</a>
7/25/2009	*TN State Time Trial	Road Race/TT/Crit	Lebanon, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
7/25/2009	Striders Annual Picnic 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
7/25/2009	Cedars of Lebanon Tri (tentative)	Triathlon/Duathlon	Lebanon, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
7/26/2009	*NashvilleCyclist.com Crit	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
7/26/2009	*Knoxvelo Haw Ridge MTB	Mountain Bike	Oak Ridge, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
7/26/2009	Magic City Tri (tentative)	Triathlon/Duathlon	Nashville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/1/2009	Xterra Panther Creek 10k Trail Run	Run	Morristown, TN	<a href="http://www.xterraplanet.com/races/race_schedule.cfm">http://www.xterraplanet.com/races/race_schedule.cfm</a>
8/1/2009	*Allanti Cycling Classic - RR / TT	Road Race/TT/Crit	Springfield, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/1/2009	SERC #10 MTB / Downhill	Mountain Bike	Fontana, NC	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
8/1/2009	FitCity Tri	Triathlon/Duathlon	Collierville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/1/2009	Hendersonville YMCA Youth Triathlon	Triathlon/Duathlon	Hendersonville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
8/2/2009	*Allanti Cycling Classic - Bike Pedlar Crit	Road Race/TT/Crit	Nashville, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/2/2009	Xterra Panther Creek Off-Road Tri	Off-Road Triathlon	Morristown, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/7/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
8/8/2009	*Cleveland Criterium	Road Race/TT/Crit	Cleveland, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/8/2009	Springbrook City Tri	Triathlon/Duathlon	Alcoa, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/8/2009	Smyrna Parks 5k / 1mile	Run	Smyrna, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
8/9/2009	*Cleveland Time Trial	Road Race/TT/Crit	Cleveland, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/9/2009	GSC #8 MTB	Mountain Bike	Helen, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
8/9/2009	Chalahgawtha Green Corn Moon 6-hr ROGAINE	Rogaine	Chillicothe, OH	<a href="http://www.nsfadventures.com/2009.html">http://www.nsfadventures.com/2009.html</a>
8/15/2009	Planet Adventure Urban Sprint AR	Adventure Race	Indianapolis, IN	<a href="http://www.planetadventurerace.com/">http://www.planetadventurerace.com/</a>
8/15/2009	*Springer Omnium RR / TT	Road Race/TT/Crit	Oliver Springs, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/15/2009	*Legend of Stanky Creek -MTB TT	Mountain Bike	Bartlett, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/15/2009	Fenton Payne & Fred 5k	Run	Murfreesboro, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
8/16/2009	*Springer Omnium Crit	Road Race/TT/Crit	Oliver Springs, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/16/2009	*Legend of Stanky Creek -MTB XC	Mountain Bike	Bartlett, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/16/2009	Fall Creek Falls Tri	Triathlon/Duathlon	Pikeville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/22/2009	*Oak Ridge Fall Velo Classic RR / TT	Road Race/TT/Crit	Oak Ridge, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>
8/22/2009	Pain, Punishment, and Paint Creek 8-hr AR	Adventure Race	Paint Creek SP, OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
8/23/2009	*Oak Ridge Fall Velo Classic Crit	Road Race/TT/Crit	Oak Ridge, TN	<a href="http://www.tbira.org/raceschedule.php">http://www.tbira.org/raceschedule.php</a>

Date	Event	Type of Event	Location	website/contact
8/23/2009	*Booker T. Washington MTB	Mountain Bike	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
8/23/2009	Murfreesboro H.O.T. 100	Road Ride	Murfreesboro, TN	<a href="http://www.mborobike.com/">http://www.mborobike.com/</a>
8/29/2009	*BMW Omnium - River Gorge RR / TT	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
8/29/2009	8 Hours of Labor	Mountain Bike	TBD	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
8/29/2009	McMinnville City Tri	Triathlon/Duathlon	McMinnville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
8/30/2009	*BMW Omnium - River Gorge Crit	Road Race/TT/Crit	Chattanooga, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
9/4/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
9/5/2009	Clarksville Labor Day Classic Metric Century Ride	Road Ride	Clarksville, TN	<a href="http://www.clarksvillecentury.com">http://www.clarksvillecentury.com</a>
9/5/2009	Big Bison Butt Adventure Race	Adventure Race	Memphis, TN	<a href="http://bigbisonbutt.racesonline.com/">http://bigbisonbutt.racesonline.com/</a>
9/5/2009	Tsali Challenge - Off Road Tri	Off-Road Triathlon	Bryson City, NC	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
9/7/2009	Franklin Classic Labor Day 5 / 10k	Run	Franklin, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
9/12/2009	Fedex Rock N Roll Bike MS Tour	Road Ride	Memphis, TN	<a href="http://biketns.nationalmssociety.org">http://biketns.nationalmssociety.org</a>
9/12/2009	Bob Lunsford Memorial Christie Cookie 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
9/12/2009	HOW 100 (Hope On Wheels) - women only ride	Road Ride	Nashville, TN	<a href="http://www.how100.org/">http://www.how100.org/</a>
9/19/2009	Indianapolis Adventure Race	Adventure Race	Indianapolis, IN	<a href="http://www.planetadventurerace.com/">http://www.planetadventurerace.com/</a>
9/19/2009	12 Hours of Dauset	Mountain Bike	Jackson, GA	<a href="http://www.goneriding.com">http://www.goneriding.com</a>
9/19/2009	Odyssey Trail Running Rampage (Marathon, 1/2 Marathon, 40-mile)	Run	Roanoke, VA	<a href="http://www.oarevents.com">www.oarevents.com</a>
9/20/2009	Volunteer Sprint Tri	Triathlon/Duathlon	Knoxville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
9/20/2009	Mountain Top 1/2 marathon and 5k	Run	Cleveland, TN	<a href="http://www.newleafadventures.com/mntopcourse.html">http://www.newleafadventures.com/mntopcourse.html</a>
9/25/2009	NOC Guest Appreciation Festival	Other	Wesser, NC	<a href="http://www.noc.com/index.php/festivals-and-events.html">http://www.noc.com/index.php/festivals-and-events.html</a>
9/26/2009	Jailbreak Triathlon	Off-Road Triathlon	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
9/26/2009	The Games II 8-hr AR	Adventure Race	Central OH	<a href="http://www.race-coar.com/index_009.htm">http://www.race-coar.com/index_009.htm</a>
9/26/2009	Nature Cure Blackbeard 1-day AR	Adventure Race	Nagshead, NC	<a href="http://www.americanadventuresports.com">www.americanadventuresports.com</a>
9/26/2009	Shelby Bottoms Boogie 5 / 15k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
9/27/2009	The Berryman 12 or 36-hr AR	Adventure Race	Van Buren, MO	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
9/27/2009	Dino 24-hr Bike Relay Race	Mountain Bike	Warsaw, IN	<a href="http://www.dinoseries.com/24.html">http://www.dinoseries.com/24.html</a>
10/2/2009	Warner Parks Full Moon Pickin' Parties	Other	Nashville, TN	<a href="http://www.friendsofwarnerparks.com/pickingparty.html">http://www.friendsofwarnerparks.com/pickingparty.html</a>
10/3/2009	Bike to Jack & Back Bike MS Tour	Road Ride	Franklin, TN	<a href="http://biketns.nationalmssociety.org">http://biketns.nationalmssociety.org</a>
10/3/2009	*12 Hours of Stank	Mountain Bike	Memphis, TN	<a href="http://www.tbra.org/raceschedule.php">http://www.tbra.org/raceschedule.php</a>
10/3/2009	Soles4Souls 5 / 10k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
10/4/2009	Sequatchie Valley Century	Road Ride	Jasper, TN	<a href="http://www.chattbike.com/events/events.htm">http://www.chattbike.com/events/events.htm</a>
10/9/2009	FitCity Dash & Splash	Triathlon/Duathlon	Memphis, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
10/9/2009	GABRAKY Grand Autum Bike Ride Across Kentucky	Road Ride	Frankfurt, KY	<a href="http://www.gabraky.com">http://www.gabraky.com</a>
10/10/2009	Smoky Mountain Wheelmen Fall Century	Road Ride	Loudon, TN	<a href="http://www.smbbike.org/Century/Century_2008.htm">http://www.smbbike.org/Century/Century_2008.htm</a>
10/10/2009	No Skirts Allowed Adventure Race (women only)	Adventure Race	Indianapolis, IN	<a href="http://www.planetadventurerace.com/">http://www.planetadventurerace.com/</a>
10/10/2009	Urban Dare Nashville	Adventure Race	Nashville, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
10/10/2009	Germantown 5k Bier Run	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
10/11/2009	Xterra Haw Ridge 20k Trail Run	Run	Oak Ridge, TN	<a href="http://www.xterraplanet.com/races/race_schedule.cfm">http://www.xterraplanet.com/races/race_schedule.cfm</a>
10/17/2009	CCC Heavenly 100 (tentative date)	Road Ride	Columbia, TN	<a href="http://www.columbiacyclingclub.com/">http://www.columbiacyclingclub.com/</a>
10/17/2009	Inglewood 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
10/17/2009	Nashville Ultra Marathon 50/60/70k / 50 mile	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
10/18/2009	Atomic Duathlon	Triathlon/Duathlon	Lenoir City, TN	<a href="http://www.trifind.com/tn.html">http://www.trifind.com/tn.html</a>
10/23/2009	NOCtoberfest - 109 mile bike tour / 5k run	Road Ride	Wesser, NC	<a href="http://www.noc.com/index.php/festivals-and-events.html">http://www.noc.com/index.php/festivals-and-events.html</a>
10/24/2009	Nashville Oyster Urban AR	Adventure Race	Nashville, TN	<a href="http://oysterracingseries.com/">http://oysterracingseries.com/</a>
10/30/2009	Bicycle Scavenger Hunt	Road Ride	Chattanooga, TN	<a href="http://www.chattbike.com/events/events.htm">http://www.chattbike.com/events/events.htm</a>
10/31/2009	Jack 5 miler	Run	Franklin, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
11/7/2009	Hoover Run for Hope 5k	Run	Brentwood, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
11/7/2009	Red River Gorge Classic 12-hr AR	Adventure Race	Slade, KY	<a href="http://www.racethefig.com/">http://www.racethefig.com/</a>
11/14/2009	Team Nashville 10 miler	Run	Goodlettsville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
11/14/2009	Sleep Hollow 12-hr 50/50 Rogaine	Rogaine	Chillicothe, OH	<a href="http://www.nsfadventures.com/2009.html">http://www.nsfadventures.com/2009.html</a>
11/21/2009	Beth Null Dorris Run for Life 4 miler	Run	Springfield, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
11/22/2009	Harpeth Hills Flying Monkey Marathon	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
11/26/2009	Habitrot 5k	Run	Franklin, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
12/4/2009	Rudolph's Red Nose Run 5k	Run	Nashville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>
12/6/2009	Castlewood 8-hr AR	Adventure Race	Ballwin, MO	<a href="http://www.bonkhardracing.com/">http://www.bonkhardracing.com/</a>
12/12/2009	Chick-Fil-AFrostbite 5k	Run	Hendersonville, TN	<a href="http://www.nashvillestriders.com/">http://www.nashvillestriders.com/</a>