

**JAILBREAK TRIATHLON  
 SEPTEMBER 27, 2014  
 MAIL-IN REGISTRATION**

**Accident Waiver and Release of Liability:**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in a canoe/trail bike/trail run event, including possible permanent disability or death, and agree to assume all of those risks. As a condition of my participation in the Jailbreak Triathlon, or any activities incident thereto, I hereby waive any and all rights to claims for loss or damages, including all claims for loss or damages caused by the negligence, active or passive, of the following: Columbia Cycling Club, Maury County Parks and Recreation, event sponsors, the canoe companies, or any individuals volunteering or supervising such activities. In addition, I agree to abide by and be governed by the rules set forth. Finally, I specifically acknowledge that I am aware of all the risks inherent in canoeing, transporting the canoe, trail biking and running and agree to assume those risks.

Partner #1:  
 Signature \_\_\_\_\_  
 If under 18, parent should sign

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Age on 9/27/14: \_\_\_\_\_

Sex: **Male / Female** (circle one)

T-shirt size (circle one): **Small Medium Large**  
**X-Large XX-Large**

Emergency Contact \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Partner #2:  
 Signature \_\_\_\_\_  
 If under 18, parent should sign

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Age on 9/27/14: \_\_\_\_\_

Sex: **Male / Female** (circle one)

T-shirt size (circle one): **Small Medium Large**  
**X-Large XX-Large**

Emergency Contact \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

If racing as a TEAM, both partners will participate in all three events, canoe-bike-run, and the times will be combined for awards. If racing as a RELAY both will canoe, one partner will bike, and the other will run when the bicyclist finishes. Team Males with combined ages of 80 or more should choose to race as "Team Male/Male 80+."

We will race as a (circle one): **Team Male/Male Team Male/Male 80+ Team Male/Female Team Female/Female**  
**Relay Male/Male Relay Male/Female Relay Female/Female**

In an attempt to minimize the quantity of passing needed on the single-track bike course, we will seed the canoes in groups according to mountain biking ability. If Team, rate the fastest cyclist; if Relay, rate the cyclist (check one):

- \_\_\_\_\_ 9. Ranked as a Cat 1 XC (Expert) currently. USAC # \_\_\_\_\_
- \_\_\_\_\_ 8. Ranked as Cat 2 XC (Sport) currently. USAC# \_\_\_\_\_
- \_\_\_\_\_ 7. Raced as Cat 1-2 in prior years but not this season, or prior year Jailbreak bike time under 47 minutes
- \_\_\_\_\_ 6. Have raced mountain bike as a Beginner or off-road event and placed in the top half of my class
- \_\_\_\_\_ 5. Have raced mountain bike as a Beginner or off-road event and placed in the bottom half of my class
- \_\_\_\_\_ 4. Minimal racing experience but I have over 100 miles of trail practice and generally keep up with competitive friends
- \_\_\_\_\_ 3. Have ridden less than 100 trail miles but in competitive condition and do not have to dismount much
- \_\_\_\_\_ 2. Have practiced trails some, but dismount at tough spots and steep hills
- \_\_\_\_\_ 1. I am truly a beginner or very slow; put me in the slowest group

**PRE-REGISTRATION ONLY; \$110 BY SEPT. 7 (Postmark date) if mailed; \$100 for online registration via ACTIVE.COM (search "Jailbreak"). Price increases to \$120 on Sept. 8 (\$110 online). Price increases to \$120 online on Sept. 20.** After Sept. 13 registration is online only. Registrations are accepted in the order received. Entry fee is refundable (less Active fee) if canceled by Sept. 14, or, if we can replace your spot from a waiting list. Please call Jeff Yeager to cancel (615) 618-3446. Entry fee includes a long sleeve T-Shirt, canoe rental and food for the entire family afterward. This race is limited to the available canoes. It fills up, so register early!

Make checks payable to Columbia Cycling Club. **Envelope must be postmarked September 13 or before.** Mail to: Columbia Cycling Club, 1116 W. 7th St. PMB 127, Columbia TN 38401.